## "An Eye on Communication"

**Communication Skill Development Workshop** 

"An Eye on Communication" is an experiential workshop that focuses on clear and consistent communication. Recognize and remove barriers to communication, & learn the importance of communicating congruently with words, actions and emotions. Words represent less than 10% of the communication process, yet we rely heavily on them in our modern world of texting, email, and social media and are losing the ability to communicate face-to-face.

## You will:

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- Discover the importance of body language
- Learn the effects of energy & emotions
- Develop clear & consistent communication
- Experience different ways of communicating
- Learn how focus affects your message
- Recognize how messages are heard
- Enhance your communication with new approaches
- Experiment with different ways of being heard & learn what works best for you.
- Create an action plan for your development
- Increase your ability to influence others





Do you communicate clearly and consistently? Is the message you are sending perceived accurately to accomplish what needs done? Are you frustrated by the lack understanding and follow through by those around you?

Learn to communication more effectively from a natural leader, - the horse!

Our professional staff and horse partners lead you through focused activities and discussions designed to heighten awareness and increase your communication effectiveness. The horses respond honestly to your communication and provide immediate feedback on your effectiveness, leading to profound opportunities for professional & personal growth and development.

This is not a riding course; no riding is involved and all activities are done on the ground. Learn more by watching our video at <a href="https://www.LeadershipEAD.com">www.LeadershipEAD.com</a>

Who should attend: Business owners, professionals, leaders, coaches, and any individual who desires to increase the effectiveness of their communication.

## **Workshop Details:**

1 Day Public Workshops offered (see website for more information)
Private 1 or 2 day workshops available for your organization at our facility or one near you.
Can be customized for your organization or groups specific needs